

# NIOSH Worker Well-Being Questionnaire (WellBQ)

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National Institute for Occupational Safety and Health (NIOSH) developed the [Total Worker Health® \(TWH\) Program](#) to expand on the traditional occupational safety and health factors of work. The premise of TWH being work a “social determinant of health” with many job-related factors (such as wages, work hours, interaction with coworkers, etc.) impacting the health and wellbeing of workers and their families and communities.

The [NIOSH Worker Well-Being \(WellBQ\) questionnaire](#) is a tool to help understand the wellbeing of workers and target ways to improve worker wellbeing. The questionnaire has 68 questions across the following domains/sections:

1. Work Evaluation and Experience
2. Workplace Policies and Culture
3. Workplace Physical Environment and Safety Climate
4. Health Status
5. Home, Community and Society

NIOSH places no restrictions on the reproduction, reprinting or distribution of the questionnaire. If you are not interested in using the entire questionnaire, there are useful questions in Section 3 related to the physical work environment and safety climate.

For additional information on the SMCX’s services, please visit the SMCX-hosted website at: <https://www.smscx.org/>.

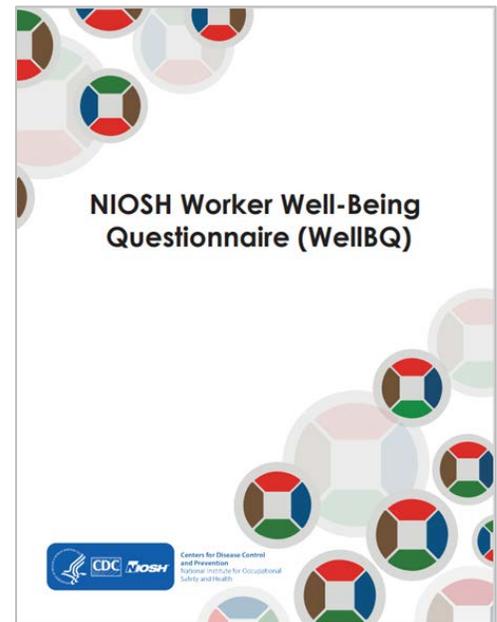


Image courtesy of Centers for Disease Control and Prevention (CDC)